

Biofood Breakfast Flakes BIO

Art.nr:	6280
Product description:	Biofood Breakfast Flakes BIO
EAN-code product:	5412158004260
EAN-code carton	5412158039989 (x 1) 5412158018366 (x 6) 5412158057754 (x 18)
Custom-code:	19042010
Ingredients:	WHEAT* (50%),OAT* (25%), BARLEY* (25%) (GLUTEN).May contain NUTS and SESAME.*From controlled organic cultivation.
Allergens:	Contains wheat, oats, gluten, barley. May contain traces of sesame seeds, nuts. Does not contain lupine, soybeans, fish, milk, mustard, crustaceans, lactose, molluscs, celery, sulphur dioxide and sulphites, peanuts, eggs.
Weight:	500 g
Storage:	Store dry and well-sealed.
Usage:	Boil for 1-2 minutes in water or milk of choice.
Dimensions:	12,0 cm W x 25,0 cm H x 6,0 cm D



Nutritional values	portie/portion
	100 g
Energy kJ	1509
Energy kcal	360
Fats	3,3 g
saturated fats	0,6 g
Carbohydrates	66,9 g
sugars	0,8 g
Food fibres	9,8 g
Protein	11,0 g
Salt	<0,01 g