

Biofood Buckwheat BIO

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| Art.nr: | 6902 |
| Product description: | Biofood Buckwheat BIO |
| EAN-code product: | 5412158004918 |
| EAN-code carton | 5412158040268 (x 1) 5412158024275 (x 6) |
| Custom-code: | 10081000 |
| Ingredients: | Buckwheat*. May contain PEANUT, NUTS, GLUTEN, SOY and SESAME. *From controlled organic cultivation. |
| Allergens: | May contain traces of peanuts, soybeans, nuts, sesame seeds, gluten. Does not contain oats, lupine, wheat, molluscs, celery, milk, rye, crustaceans, eggs, fish, mustard, sulphur dioxide and sulphites, lactose. |
| Weight: | 500 g |
| Storage: | Store at room temperature. |
| Usage: | Boil 70g buckwheat in 350 ml water for 15 minutes. |
| Dimensions: | 8,0 cm W x 18,0 cm H x 4,0 cm D |

| Nutritional values | portie/portion |
|--------------------|----------------|
| | 100 g |
| Energy kJ | 1496 |
| Energy kcal | 353 |
| Fats | 2,0 g |
| saturated fats | 0,4 g |
| Carbohydrates | 72,0 g |
| sugars | 2,0 g |
| Food fibres | 5,6 g |
| Protein | 9,0 g |
| Salt | <0,01 g |

