

Biofood Couscous BIO

Art.nr:	6374
Product description:	Biofood Couscous BIO
EAN-code product:	5412158004949
EAN-code carton:	5412158040282 (x 1) 5412158017123 (x 6) 5412158030641 (x 48)
Custom-code:	10089000
Ingredients:	couscous* (GLUTEN). May contain NUTS, SOY, MUSTARD and SESAME. * From controlled organic cultivation.
Allergens:	Contains gluten. May contain traces of nuts, mustard, sesame seeds, soybeans. Does not contain eggs, milk, amylin cinnamal, crustaceans, peanuts, anise alcohol, citronellol, evernia prunastri, lactose, cocoa, barley, oats, corn, sulphur dioxide and sulphites, benzyl salicylate, wheat, evernia furfuracea, molluscs, pod fruits, fish, coumarin, benzyl benzoate, cinnamyl alcohol, farnesol, celery, rye, butylphenyl methylpropionate, eugenol, coriander, lupine, benzyl cinnamate, alpha-isomethyl ionone, citral, cinnamal, carrots, benzyl alcohol.
Weight:	500 g
Storage:	Keep at room temperature.
Usage:	Pour boiling water over 75g (1 portion) of couscous to 1 cm above it, cover and leave to stand for 6-8 minutes.
Dimensions:	11,0 cm W x 16,0 cm H x 5,0 cm D

Nutritional values	portie/portion
	100 g
Energy kJ	1478
Energy kcal	349
Fats	1,5 g
saturated fats	0,4 g
Carbohydrates	70,0 g
sugars	2,5 g
Food fibres	3,5 g
Protein	12,0 g
Salt	<0,10 g

