

Biofood Bulgur BIO

Art.nr:	6122
Product description:	Biofood Bulgur BIO
EAN-code product:	5412158027849
EAN-code carton	5412158046192 (x 1) 5412158028297 (x 6)
Custom-code:	19043000
Ingredients:	bulgur (GLUTEN). May contain NUTS, SESAME and SOY. *From controlled organic cultivation.
Allergens:	Contains gluten. May contain traces of soybeans, sesame seeds, nuts. Does not contain carrots, wheat, cocoa, corn, benzyl benzoate, mustard, benzyl alcohol, eggs, sulphur dioxide and sulphites, butylphenyl methylpropionate, eugenol, cinnamal, farnesol, crustaceans, celery, citronellol, molluscs, peanuts, oats, pod fruits, coumarin, fish, coriander, lactose, barley, citral, milk, amyl cinnamal, benzyl salicylate, alpha-isomethyl ionone, evernia prunastri, lupine, cinnamyl alcohol, benzyl cinnamate, evernia furfuracea, rye, anise alcohol.
Weight:	500 g
Storage:	Keep at room temperature.
Usage:	Cooking time: $\pm$ 10-15 min.
Dimensions:	9,5 cm W x 18,0 cm H x 5,0 cm D

Nutritional values	portie/portion
	100 g
Energy kJ	1340
Energy kcal	319
Fats	1,2 g
saturated fats	0,0 g
Carbohydrates	73,0 g
sugars	0,6 g
Food fibres	8,5 g
Protein	12,5 g
Salt	0,08 g

