

Vegan Chick'n Filet

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| Art.nr: | 3588 |
| Product description: | Vegan Chick'n Filet |
| EAN-code product: | 5412158031907 |
| EAN-code carton | 5412158047427 (x 1) 5412158032317 (x 6) 5412158037473 (x 24) |
| Custom-code: | 21069092 |
| Ingredients: | water, vegetable proteins (11%) (WHEAT, SOY, pea), vegetable oils (sunflower, rapeseed) in varying proportions, WHEAT flour, fibres (bamboo, WHEAT, citrus), dried vegetables (contains SULPHITE), garlic, natural flavouring (contains WHEAT), thickener (methyl cellulose, xanthan gum), WHEAT starch, vinegar, sea salt, preservative (potassium acetate), herbs, spices, salt. |
| Allergens: | Contains wheat, soybeans, gluten, sulphur dioxide and sulphites. Does not contain lupine, molluscs, sesame seeds, fish, eggs, celery, crustaceans, peanuts, oats, milk, nuts, mustard, lactose. |
| Weight: | 180 g |
| Storage: | Can be kept in the refrigerator for 24 hours after opening. Defrosted product. Do not refreeze. Keep refrigerated 7°C MAX. |
| Usage: | In the oven: 14-15 minutes at 180°C. In the pan: 9-10 minutes over medium-high heat. Turn regularly. In the airfryer: 5-6 minutes at 200°C. |
| Dimensions: | 13,5 cm W x 18,5 cm H x 4,0 cm D |

| Nutritional values | portie/portion | |
|--------------------|----------------|--------|
| | 100 g | 80 g |
| Energy kJ | 831 | 746 |
| Energy kcal | 199 | 179 |
| Fats | 12,4 g | 11,2 g |
| saturated fats | 1,3 g | 1,2 g |
| Carbohydrates | 9,1 g | 8,2 g |
| sugars | 1,4 g | 1,3 g |
| Food fibres | 6,7 g | 6,0 g |
| Protein | 9,5 g | 8,6 g |
| Salt | 1,20 g | 1,08 g |

