

Vegan Nofish Sticks

Art.nr:	56054
Product description:	Vegan Nofish Sticks
EAN-code product:	5412158056054
EAN-code carton	5412158056238 (x 6) 5412158058157 (x 40)
Custom-code:	21069092
Ingredients:	rehydrated WHEAT and pea protein (36%), breadcrumbs (WHEAT flour, yeast, spices, salt), rice flour, water, sunflower oil, WHEAT starch, WHEAT fibre, sunflower oil, thickener (carrageenan, methyl cellulose), WHEAT flour, natural flavouring, yeast extract, salt, preservative (potassium acetate), acidity regulator (citric acid), iron (ferric diphosphate), zinc (zinc oxide), vitamin B12 (cyanocobalamin). May contain MUSTARD and SOY.
Allergens:	Contains gluten, wheat. May contain traces of soybeans, mustard. Does not contain oats, fish, molluscs, sulphur dioxide and sulphites, milk, sesame seeds, nuts, lactose, eggs, lupine, celery, crustaceans, peanuts.
Weight:	150
Storage:	Can be kept in the refrigerator for 24 hours after opening. Defrosted product. Do not refreeze. Keep refrigerated 7°C MAX.
Usage:	In the oven: 10 minutes at 220°C. Turn once. In the pan: 3-5 min over medium-high heat. Turn occasionally. In the airfryer: 6-8 min at 180°C. In the deep fryer: 2-3 min at 180°C.
Dimensions:	13,5 cm W x 17,5 cm H x 4,0 cm D

Nutritional values	portie/portion	
	100 g	30 g
Energy kJ	748	561
Energy kcal	178	134
Fats	5,5 g	4,1 g
saturated fats	0,6 g	0,5 g
Carbohydrates	24,0 g	18,0 g
sugars	1,1 g	0,8 g
Food fibres	5,3 g	4,0 g
Protein	5,7 g	4,3 g
Salt	0,90 g	0,68 g
Iron	2,1 mgm	1,6 mgm
Vitamin B12	0,38 mc	0,29 mc
Zinc	1,5 mgm	1,1 mgm

