

## Vegan Mini Frikandel

|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Art.nr:              | 56481                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Product description: | Vegan Mini Frikandel                                                                                                                                                                                                                                                                                                                                                                                                                                |
| EAN-code product:    | 5412158056481                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| EAN-code carton      | 5412158056580 (x 6)<br>5412158056597 (x 24)                                                                                                                                                                                                                                                                                                                                                                                                         |
| Custom-code:         | 21069092                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Ingredients:         | rehydrated WHEAT protein (52%), onion, sunflower oil, WHEAT starch, WHEAT flour, WHEAT fibre, thickener (methyl cellulose), spices, hydrolysed maize protein, yeast extract, salt, acidity regulator (citric acid), preservative (potassium acetate), salt substitute (potassium chloride), natural flavouring, caramelised sugar, spices, iron (ferric diphosphate), zinc (zinc oxide), vitamin B12 (cyanocobalamin). May contain SOY and MUSTARD. |
| Allergens:           | Contains wheat, gluten, corn. May contain traces of soybeans, mustard. Does not contain crustaceans, sulphur dioxide and sulphites, lupine, eggs, oats, sesame seeds, nuts, fish, celery, molluscs, milk, peanuts, barley, lactose.                                                                                                                                                                                                                 |
| Weight:              | 180                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Storage:             | Can be kept in the refrigerator for 24 hours after opening. Defrosted product. Do not refreeze. Keep refrigerated 7°C MAX.                                                                                                                                                                                                                                                                                                                          |
| Usage:               | In the oven: 6 minutes at 180°C. Turn once. In the pan: fry for 5 min over medium heat. Turn regularly. In the airfryer: 5 min at 180 °C.                                                                                                                                                                                                                                                                                                           |
| Dimensions:          | 13,5 cm W x 17,5 cm H x 4,0 cm D                                                                                                                                                                                                                                                                                                                                                                                                                    |

| Nutritional values | portie/portion |         |
|--------------------|----------------|---------|
|                    | 100 g          | 20 g    |
| Energy kJ          | 956            | 574     |
| Energy kcal        | 228            | 137     |
| Fats               | 8,4 g          | 5,0 g   |
| saturated fats     | 0,9 g          | 0,5 g   |
| Carbohydrates      | 17,0 g         | 10,2 g  |
| sugars             | 1,5 g          | 0,9 g   |
| Food fibres        | 4,1 g          | 2,5 g   |
| Protein            | 19,0 g         | 11,4 g  |
| Salt               | 1,10 g         | 0,66 g  |
| Iron               | 2,1 mgm        | 1,3 mgm |
| Vitamin B12        | 0,38 mc        | 0,23 mc |
| Zinc               | 1,5 mgm        | 0,9 mgm |

