

Vegan No Meat Boulet

Art.nr:	56498
Product description:	Vegan No Meat Boulet
EAN-code product:	5412158056498
EAN-code carton	5412158056986 (x 1) 5412158056566 (x 6) 5412158056573 (x 24)
Custom-code:	21069092
Ingredients:	rehydrated SOY and WHEAT protein (65%), vegetable oil (coconut, sunflower), onion, thickener (methylcellulose, carrageenan), spices, WHEAT fibre, natural flavouring, WHEAT flour, salt, yeast extract, acidity regulator (citric acid), BARLEY malt extract, preservative (potassium acetate), spices, iron (Iron(III) diphosphate), zinc (zinc oxide), vitamin B12 (cyanocobalamin). May contain MUSTARD.
Allergens:	Contains barley, wheat, soybeans, gluten. May contain traces of mustard. Does not contain corn, crustaceans, molluscs, milk, eggs, sesame seeds, oats, fish, celery, sulphur dioxide and sulphites, peanuts, nuts, lupine, lactose.
Weight:	160
Storage:	Can be kept in the refrigerator for 24 hours after opening. Defrosted product. Do not refreeze. Keep refrigerated 7°C MAX.
Usage:	In the oven: 10 minutes at 200 °C. Turn once. In the pan: 7-8 minutes over medium-high heat. Turn occasionally. In the airfryer: 8-9 minutes at 180 °C.
Dimensions:	13,5 cm W x 17,5 cm H x 4,0 cm D

Nutritional values	portie/portion	
	100 g	80 g
Energy kJ	877	702
Energy kcal	211	167
Fats	15,0 g	12,0 g
saturated fats	7,9 g	6,3 g
Carbohydrates	5,8 g	4,6 g
sugars	1,5 g	1,2 g
Food fibres	6,0 g	4,8 g
Protein	11,0 g	8,8 g
Salt	1,31 g	1,05 g
Iron	2,1 mgm	1,7 mgm
Vitamin B12	0,38 mc	0,30 mc
Zinc	1,5 mgm	1,2 mgm

