

Vegan Scampy Fritty

Art.nr:	58621
Product description:	Vegan Scampy Fritty
EAN-code product:	5412158058621
EAN-code carton	5412158059208 (x 6) 5412158059178 (x 8)
Custom-code:	21069092
Ingredients:	drinking water, flour (WHEAT, maize), rapeseed oil, WHEAT protein (4%), durum WHEAT semolina, modified WHEAT starch, pea protein (2%), spice extract, natural flavouring, stabiliser (methylcellulose), thickener (processed Eucheuma algae, konjac), salt, lemon fibre, dextrose, field bean flour. May contain SOY, CELERY, MUSTARD and SESAME.
Allergens:	Contains wheat. May contain traces of sesame seeds, soybeans, mustard, celery. Does not contain fish, gluten, peanuts, nuts, lupine, eggs, oats, lactose, milk, molluscs, crustaceans, sulphur dioxide and sulphites.
Weight:	140
Storage:	Can be kept in the refrigerator for 24 hours after opening. Defrosted product. Do not refreeze. Keep refrigerated 7°C MAX.
Usage:	In the pan: Heat some oil in a pan over medium-high heat. Add the vegan scampy to the pan and fry for about 3 minutes until desired browning. Turn occasionally. In the airfryer: 2 minutes at 180°C. In the deep fryer: 2 minutes at 180°C.
Dimensions:	13,5 cm W x 17,5 cm H x 4,0 cm D

Nutritional values	portie/portion	
	100 g	70 g
Energy kJ	996	697
Energy kcal	239	167
Fats	15,2 g	10,6 g
saturated fats	1,3 g	0,9 g
Carbohydrates	16,0 g	11,2 g
sugars	0,3 g	0,2 g
Food fibres	4,9 g	3,4 g
Protein	7,2 g	5,0 g
Salt	0,87 g	0,61 g